

Nuorten pahoinvointi lisääntynyt

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The Interconnected Development of Depressive Symptoms and School Functioning From Mid-Adolescence to Early Adulthood: A Piecewise Growth Mixture Analysis

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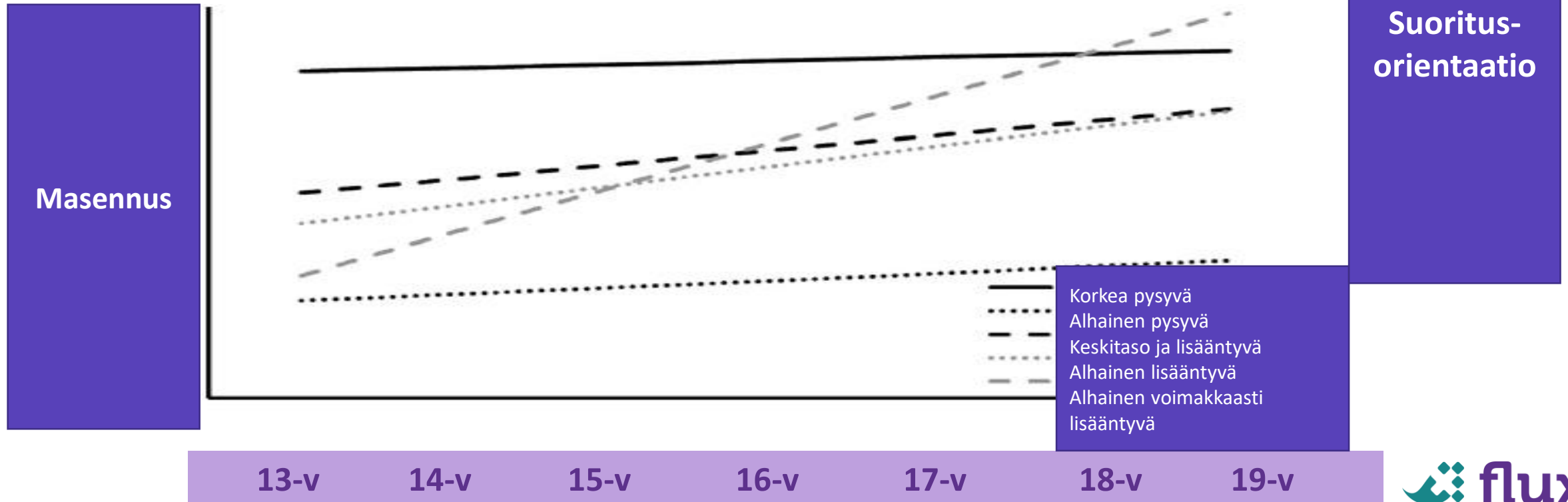
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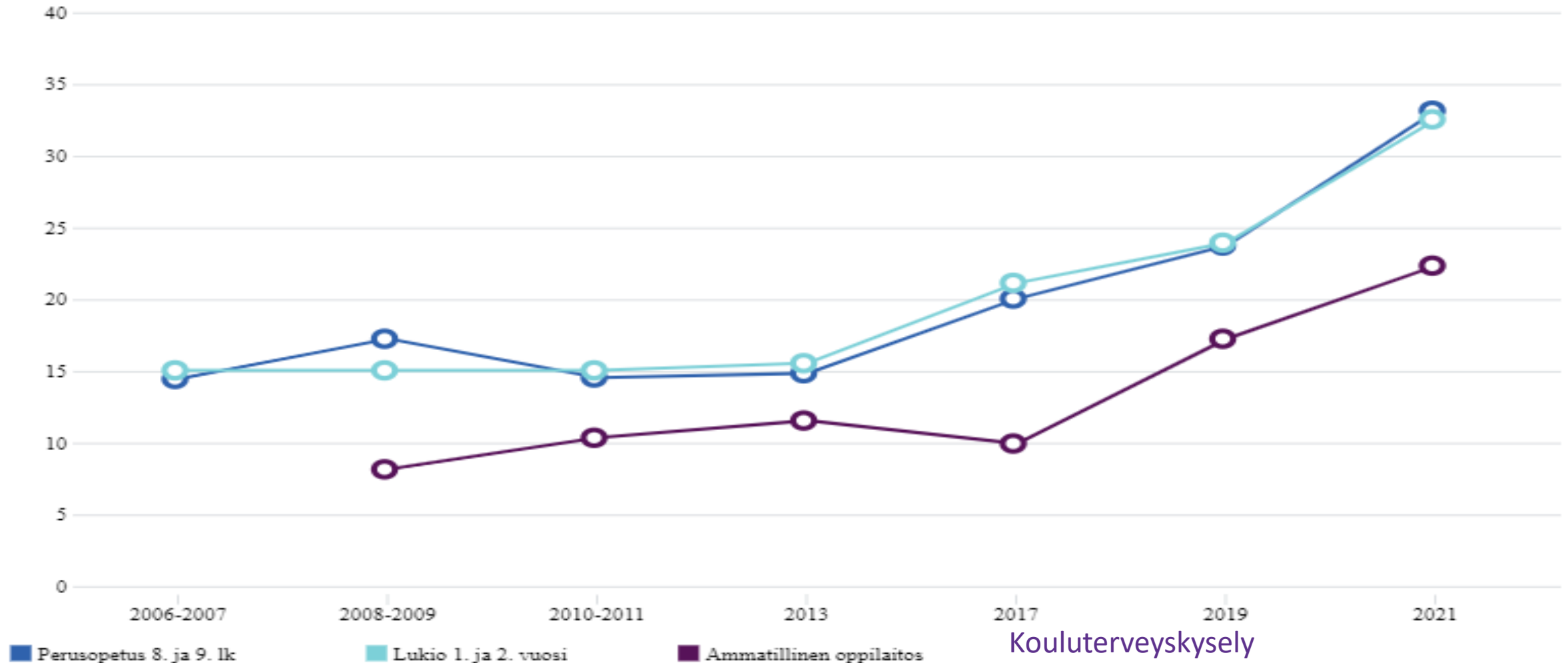
³ Faculty of Educational Sciences, University of Helsinki

Vuonna 2000 syntyneet

Viisi polkua siirtymässä aikuisuuteen – Tulevaisuususto romahtanut



Pandemia lisännyt entisestään nuorten pahoinvointia



Yliopisto-opiskelijat uupuivat

Journal of Happiness Studies
<https://doi.org/10.1007/s10902-022-00518-1>

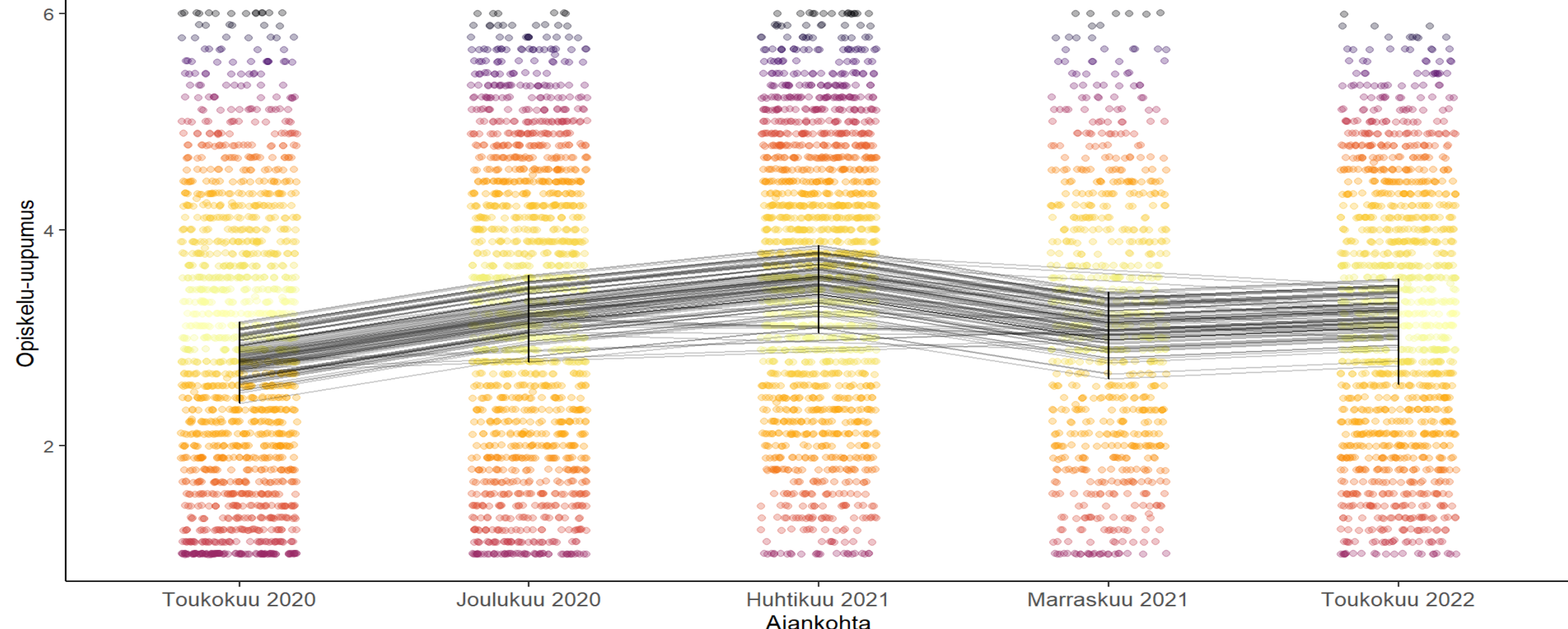
RESEARCH PAPER



Study Burnout and Engagement During COVID-19 Among University Students: The Role of Demands, Resources, and Psychological Needs

Katariina Salmela-Aro¹ · Katja Upadhyaya¹ · Inka Ronkainen¹ · Lauri Hietajärvi¹

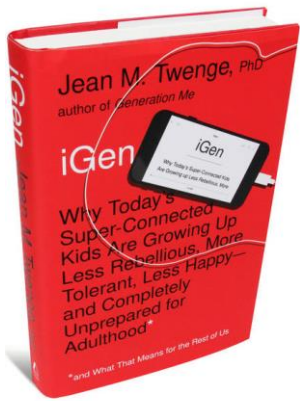
Accepted: 1 March 2022





Have Smartphones Destroyed a Generation?

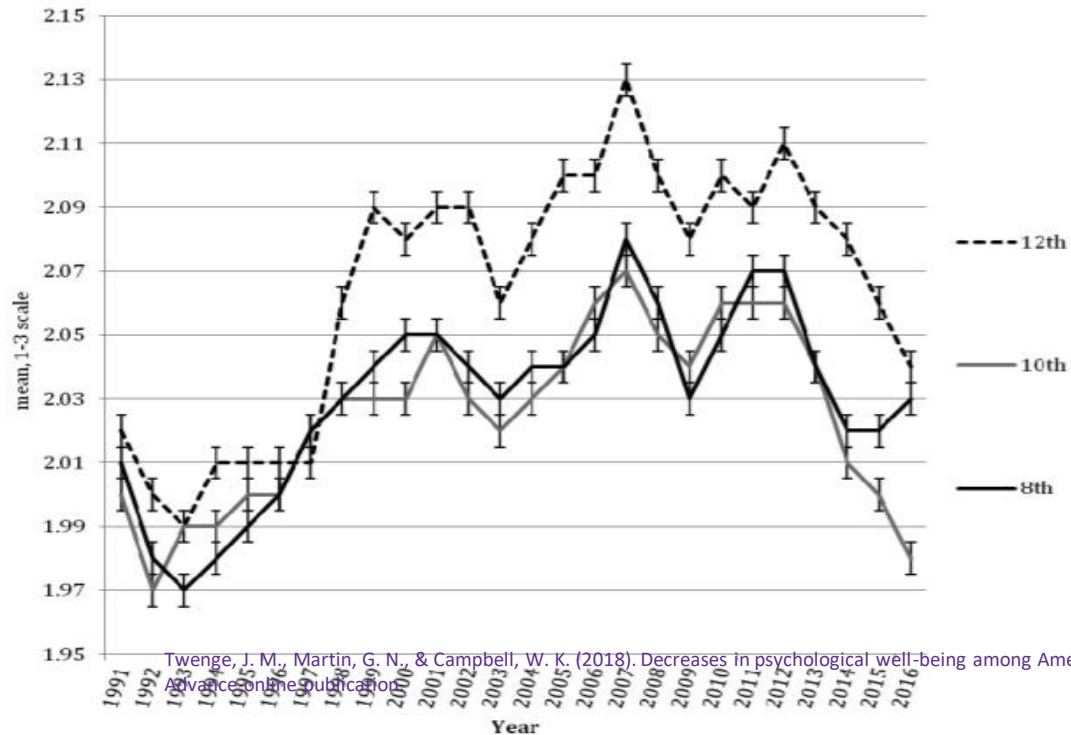
More comfortable online than out partying, post-Millennials are safer, physically, than adolescents have ever been. But they're on the brink of a mental-health crisis.



Twenge: Laskeva hyvinvointi ja lisääntyvä ruutuaika?

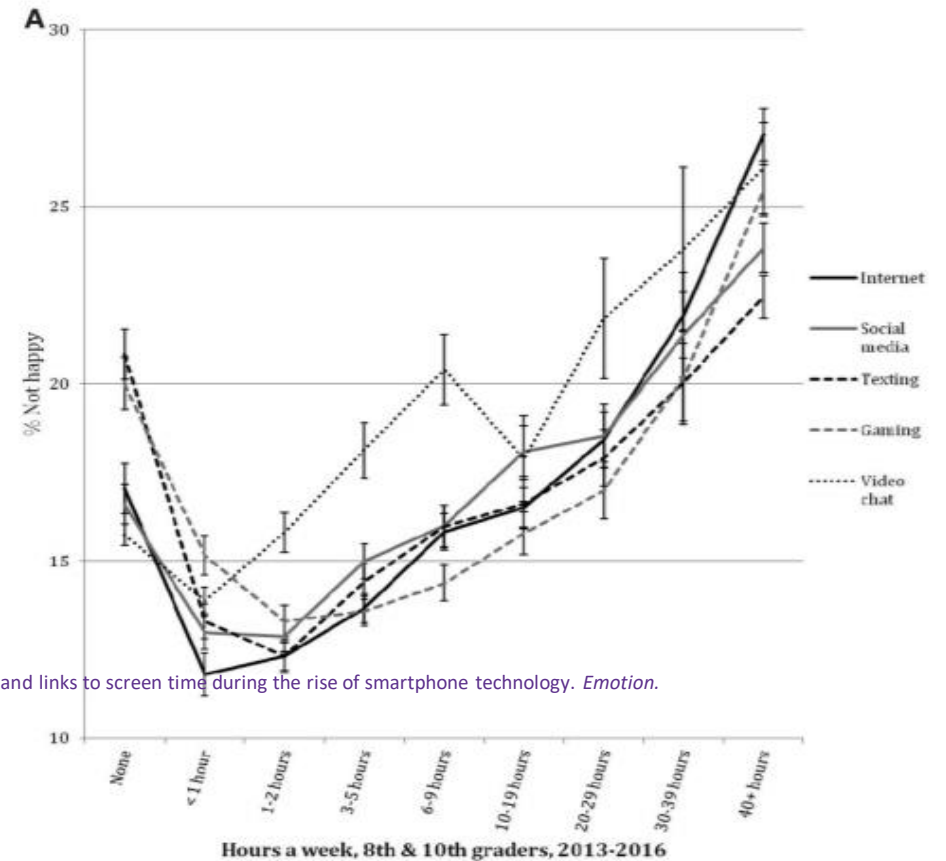
hyvinvointi

ruutuaika



Twenge, J. M., Martin, G. N., & Campbell, W. K. (2018). Decreases in psychological well-being among American adolescents after 2012 and links to screen time during the rise of smartphone technology. *Emotion*. Advance online publication.

Figure 3. Happiness, 8th, 10th, and 12th graders, 1991–2016. Error bars represent ± 1 SE. The y-axis is truncated to highlight the changes. The potential range of the happiness measure was 1–3, with an SD of approximately .59. More detail is given in Table 1.



Hours a week, 8th & 10th graders, 2013-2016



Masentuneet ja yksinäiset koukuttuivat sosiaaliseen mediaan



CHILD DEVELOPMENT



Child Development, xxxx 2021, Volume 00, Number 0, Pages 1–21

Longitudinal Trajectories, Social and Individual Antecedents, and Outcomes of Problematic Internet Use Among Late Adolescents

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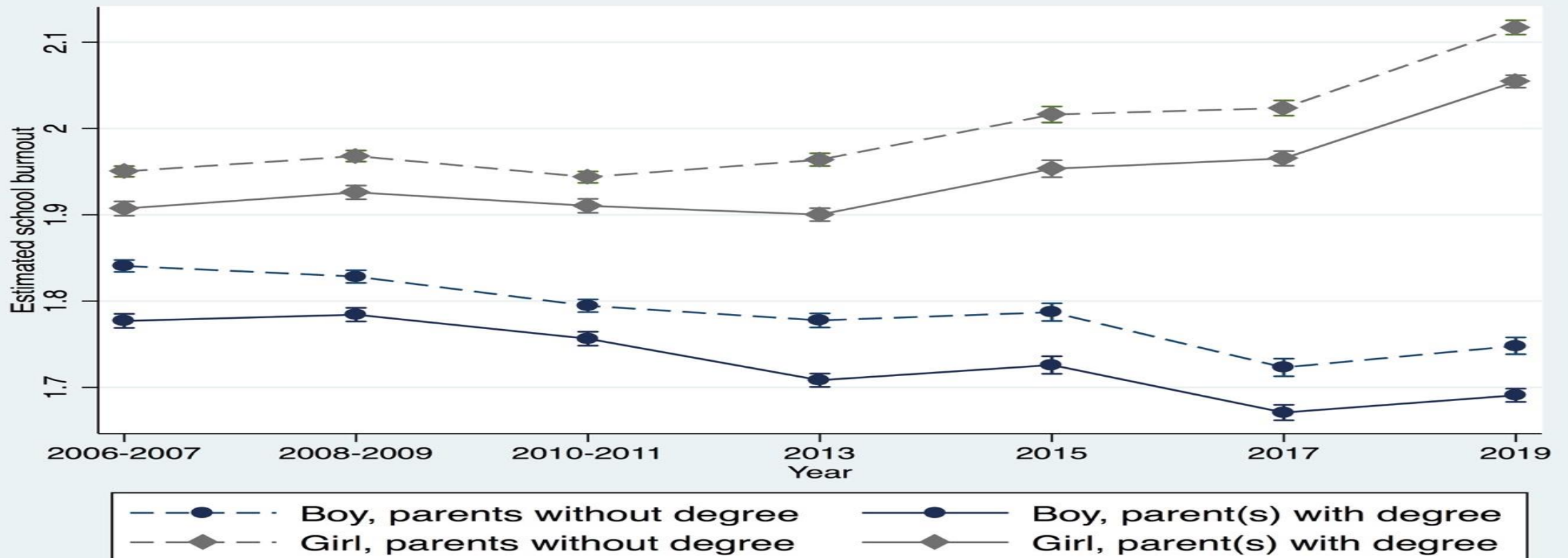


School burnout trends and sociodemographic factors in Finland 2006–2019

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Sosiaaliset erot sukupuoli ja nuorten pahoinvointi



Kiitos.